



**HHT Patient & Physician
National Conference
Bellevue, WA June 3-4, 2023**

PHYSICIAN AGENDA

Schedule

All times reported in Pacific Daylight Time (PDT)

Friday, June 2 3:00pm – 5:00pm	Early Check-In and Meet & Greet	<i>Cedar Ballroom Cascade Tower - Level 2</i>
Saturday, June 3 7:30am – 8:30am	Check-In Breakfast	<i>Evergreen Ballroom Foyer Evergreen Ballroom EF Olympic Tower - Level 1</i>
8:30am – 8:45am	Welcome A warm welcome from Cure HHT. Learn about our organization, current research, and our HHT community.	Marianne Clancy, MPA <i>Evergreen Ballroom AB</i>
8:45am – 9:00am	Patient Story	<i>Evergreen Ballroom AB</i>
9:00am – 9:30am	HHT Standard of Care & Diagnostic Tests (CME Credit available) In this session, we will review standards of care, screening guidelines, diagnostic tests and frequency of testing.	Murali Chakinala, MD <i>Evergreen Ballroom C</i>

9:30am – 10:00am	PAVM Presentation, Evaluation, and Management (CME Credit available)	Claire Kaufman, MD <i>Evergreen Ballroom C</i>
	Arteriovenous Malformations (AVMs) represent one of the most important manifestations of HHT. This session will discuss the screening guidelines, symptoms, and therapeutic approaches to AVMs in the lungs.	
10:00am – 10:45am	Managing Bleeding, Iron deficiency, and Anemia (CME Credit available)	Raj Kasthuri, MD, MBBS <i>Evergreen Ballroom C</i>
	In this session, we'll discuss how to manage bleeds from the nose, skin, and GI tract –in addition we'll review anemia and iron deficiency, an overview of the guidelines, types of iron to be used in infusions, frequency of blood tests, and drug therapy options.	
10:45am – 11:00am	Break	<i>Evergreen Ballroom Foyer</i>
11:00am – 11:30am	Unraveling Genetics (CME Credit available)	Joseph Shieh, MD <i>Evergreen Ballroom C</i>
	Learn about the inheritance pattern of HHT, the newly identified HHT genes, the role of genetics on family planning, new genetic testing programs and the impact of genetic testing on diagnosing patients & family members.	
11:30am – 12:00pm	Pediatrics (CME Credit available)	Raj Kasthuri, MD, MBBS <i>Evergreen Ballroom C</i>
	Children are typically asymptomatic, but this doesn't mean they don't have HHT.	

Learn about the different screenings for children, how to manage AVMs and other special considerations such as anesthesia, radiation, and exercise.

12:00pm – 12:30pm

Epistaxis Evaluation & Management
(CME Credit available)

Jeb Justice, MD
Evergreen Ballroom C

Learn the proper evaluation and management of epistaxis. Discover the more traditional interventions as well as the cutting-edge surgeries and drug treatment options now available to HHT patients.

12:30pm – 1:30pm

Lunch

Evergreen EF

1:30pm – 3:00pm

Case Presentations and Q&A
(CME Credit available)

Miles Conrad, MD, MPH
Evergreen Ballroom C

HHT is commonly misdiagnosed and underdiagnosed. These HHT case presentations will teach the uncommon signs and symptoms as well as the common misdiagnoses.

3:00pm – 3:30pm

Break / Group Photo

Evergreen Ballroom Foyer

3:30pm – 4:15pm

GI Bleeding, Iron Deficiency, and Anemia- Joint Session

Raj Kasthuri, MD, MBBS
Evergreen Ballroom AB

Anemia is commonly experienced by those affected with HHT and it frequently results from bleeding of the nose and/or gastrointestinal tract. This session will discuss the most effective ways to manage anemia in HHT patients and provide the patient perspective.

4:15pm – 5:00pm	The Heart of the Matter and Aging We'll focus on the impacts of aging on HHT –symptoms, common contraindications of other treatments on HHT patients, drugs, and therapies to avoid, and the facts about pulmonary hypertension and long-term effects on HHT patients.	Kevin Whitehead, MD Edda Spiekerkoetter, MD <i>Evergreen Ballroom AB</i>
5:15pm – 5:30pm	Q&A Panel GI Bleeding, Anemia Iron Deficiency The Heart of the Matter and Aging	Raj Kasthuri, MD, MBBS Kevin Whitehead, MD Edda Spiekerkoetter, MD <i>Evergreen Ballroom AB</i>
5:30pm Onwards	Welcome Reception/Dinner	<i>Evergreen Ballroom EFGHI</i>

Sunday, June 4		
7:30am – 8:30am	Breakfast	<i>Evergreen Ballroom EF</i>
8:30am – 8:45am	Patient Story	<i>Evergreen Ballroom AB</i>
8:45am – 9:30am	<p>Living with HHT</p> <p>Explore the effects of HHT on mental health and family relationships and learn coping skills that can help patients live better with HHT. Get tips on how to educate about HHT and the psychosocial effects of HHT.</p>	<p>Katie Wusik, MS, CGC <i>Evergreen Ballroom AB</i></p>
9:30am – 10:45am	<p>Nosebleed Management Panel</p> <ul style="list-style-type: none"> -Medical Treatment -Surgical Treatment -Drug Therapy <p>This session will provide a more in-depth look at the various treatments and surgeries available for patients lead by three of our center physicians.</p>	<p>Jeb Justice, MD Holly Boyer, MD Bryan McRae, MD <i>Evergreen Ballroom AB</i></p>
10:45am – 11:00am	Break	<i>Evergreen Foyer</i>
<p>Concurrent Sessions</p> <p>11:00am – 11:45am</p>	<p>Session 1: Q&A Breakout - Nosebleeds, Bleeding, Iron/Anemia</p> <p>Session 2: Q&A Breakout - Living with HHT & Aging and HHT</p>	<p>Raj Kasthuri, MD, MBBS Jeb Justice, MD Holly Boyer, MD Bryan McRae, MD <i>Evergreen Ballroom AB</i></p> <p>Katie Wusik, MS, CGC Kevin Whitehead, MD Edda Spiekerkoetter, MD <i>Evergreen Ballroom C</i></p>
11:45am – 12:15pm	Lunch	<i>Evergreen Ballroom EF</i>

12:15pm – 1:45pm

**Advancing the Cure: An HHT
Research Update**

Cassi Friday, PhD
Chris Hughes, PhD
Murali Chakinala, MD
Evergreen Ballroom AB

It is important to know the basic science behind HHT to understand our current and future research initiatives. Dr. Hughes will define scientific terms, explain the relationship between basic, clinical, and translational research, and clarify Cure HHT's role in finding a cure for HHT. In addition, Cassi Friday will review the Cure HHT Research Network and the newly developed research roadmap while Dr. Chakinala will provide an update on current drug therapies, including studies with Pomalidomide and Pazopanib.

1:45pm-2:05pm

Research Presentations

Evergreen Ballroom AB

Two researchers will present their research topics to the patients and providers.

2:05pm – 2:20pm

Closing Remarks and Awards

Evergreen Ballroom AB

Credit Provided By

Washington University School of Medicine in St. Louis, Continuing Medical Education

Disclosure Statement:

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-All members of the CME department have nothing to disclose.

-Speakers are also expected to openly disclose inclusion of discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

-Presentations are expected to be based on evidence that is accepted within the profession of medicine as adequate justification for their indication in the care of patients. All scientific research should conform to the generally accepted standards of experimental design, data collection and analysis.

-These presentations are not an endorsement of any ineligible companies.

-These presentations are the views and experiences of the presenters. The presenters' views do not represent the policy or position of Washington University School of Medicine. Washington University School of Medicine, Continuing Medical Education, is the provider for CE credits.

For reference: <https://accme.org/faq/what-accmes-definition-ineligible-company>

ACCREDITATION

In support of improving patient care, this activity has been planned and implemented by Cure HHT and Washington University School of Medicine in St. Louis. Washington University School of Medicine in St. Louis is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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This activity was planned by and for the healthcare team, and learners will receive a maximum of 4.75 Interprofessional Continuing Education (IPCE) credit for learning and change.